

WOMAC U RADNO TERAPEUTSKOJ PROCENI PACIJENATA SA DEGENERATIVNIM REUMATSKIM BOLESTIMA

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Broj pacijenata sa degenerativnim reumatskim bolestima koji su korisnici usluga fizikalne medicine i rehabilitacije je u porastu. Kako bi se dobila realnija slika funkcionalnih sposobnosti za obavljanje svakodnevnih aktivnosti pacijenata, za procenu u radnoj terapiji, osim merenja i testiranja kao metoda objektivne procene, neophodno je u evaluaciju inkorporirati i metode samoevaluacije. Cilj rada je prikaz napretka pacijenata sa reumatskim bolestima u radnoj terapiji korišćenjem Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC), kao jedne od metoda procene. Materijal i metode: Uzorak od 8 pacijenata sa dijagnozom koksartroze koji su uključeni u radno terapijski tretman u sklopu fizikalne rehabilitacije različitih ustanova u Beogradu procenjen je na početku i na kraju lečenja WOMAC indexom. Rezultati i diskusija rezultata: Kod svih pacijenata napredak je evaluiran nakon završenog lečenja i rehabilitacije. Zaključak: WOMAC kao element funkcionalne procene u radnoj terapiji predstavlja dodatnu metodu koja daje bolji uvid u promene funkcionalnih sposobnosti pacijenata sa koksartrozom.

Ključne reči: WOMAC, radna terapija, procena, koksartroza

WOMAC IN OCCUPATIONAL THERAPY ASSESSMENT OF PATIENTS WITH DEGENERATIVE RHEUMATIC DISEASES

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The number of patients with degenerative rheumatic diseases who are users of physical medicine and rehabilitation services is increasing. As addition to measurements and testing as a method of objective assessment in occupational therapy it is necessary to incorporate self-evaluation methods into evaluation in order to get a more realistic picture of patients functional abilities to perform daily activities. Aim of this paper is to review the progress of patients with rheumatic diseases in occupational therapy using the Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC), as one of the assessment methods. A sample of 8 patients diagnosed with coxarthrosis included in occupational therapy treatment as part of physical rehabilitation of various institutions in Belgrade was assessed at the beginning and at the end of treatment with WOMAC test. In all patients progress was evaluated after treatment and rehabilitation. WOMAC as an element of functional assessment in occupational therapy is an additional method that provides better insight into changes in the functional abilities of patients with coxarthrosis.

Key words: WOMAC, occupational therapy, assessment, coxarthrosis