

METODOLOGIJA U RADNO TERAPEUTSKOJ PROCENI PACIJENATA SA REUMATSKIM BOLESTIMA

Nada Savković¹, Gordana Savković¹

¹Akademija strukovnih studija Beograd (ASSB) Odsek Visoka zdravstvena škola,
Beograd, Srbija

Lečenje reumatskih bolesti je složeno i osim farmakološkog, podrazumeva i multidisciplinarni pristup u fizikalnoj medicini i rehabilitaciji. Zglobne manifestacije u vidu kontraktura, deformiteta, ankiloza, kao i mišićna slabost zahtevaju metodološki širok okvir procene i korišćenje kako različitih specifičnih testova, tako i elemenata osnovne kineziološke procene. Cilj rada je prikaz metodologije radno terapijske procene u kliničkim uslovima kroz praćenje promena u okupacionim performansama. Materijal i metode: Uzorak formiran od 12 pacijenata uključenih u radnu terapiju u okviru lečenja u različitim ustanovama za rehabilitaciju u Beogradu sa dijagnostikovanim degenerativnim i zapaljenskim reumatskim bolestima procenjen je na početku i na kraju lečenja. Rezultati i diskusija rezultata: Različit stepen napretka evidentiran je radno terapijskom evaluacijom po završenom lečenju kod svih pacijenata. Zaključak: Detaljna radno terapijska evaluacija funkcionalnosti u brizi o sebi i svakodnevnim životnim aktivnostima pomaže u determinisanju prioriteta ciljeva u osposobljavanju pacijenata sa različitim reumatskim bolestima.

Ključne reči: procena, radna terapija, reumatske bolesti

METHODOLOGY IN OCCUPATIONAL THERAPY ASSESSMENT OF PATIENTS WITH RHEUMATIC DISEASES

Nada Savković¹, Gordana Savković¹

¹Academy of Applied Studies Belgrade (AASB), the College of Health Sciences,
Belgrade, Serbia

The treatment of rheumatic diseases is complex and in addition to pharmacological, it includes a multidisciplinary approach in physical medicine and rehabilitation. Joint manifestations in the form of contractures, deformities, ankylosis, as well as muscle weakness require a methodologically broad assessment framework and the use of various specific tests and elements of basic kinesiological assessment. Aim of this research is to present the use of methodology in occupational therapy assessment in clinical conditions through monitoring changes in patient's occupational performances. Material and methods: A sample formed of 12 patients involved in occupational therapy as part of treatment in various rehabilitation institutions in Belgrade with diagnosed degenerative and inflammatory rheumatic diseases was assessed at the beginning and end of treatment. Results and discussion of results: Different levels of progress were recorded in occupational therapy evaluation after completion of treatment in all patients. Conclusion: Detailed occupational therapy evaluation of functionality in self-care and daily life activities helps determine priority goals in training patients with various rheumatic diseases.

Key words: assessment, occupational therapy, rheumatic diseases