



BOSNIA AND HEZEGOVINA
REPUBLIC OF SRPSKA
PUBLIC INSTITUTION
COLLEGE OF HEALTH SCIENCES PRIJEDOR



International Scientific Conference
KNOWLEDGE TO HEALTH
SANUS 2026

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**INSTRUCTIONS TO
AUTHORS FOR PAPER
WRITING**

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1. THE CONTENT OF THE PAPER

Categorization of works

Authors propose the category of their papers, but the final decision is made by the Scientific Board and reviewers.

Papers for the Conference will be categorized as:

- Reviews,
- Original scientific papers,
- Short communication, Note,
- Professional papers,
- Case study.

Papers classified in these categories are subject to evaluation by two reviewers. The reviews are two-way anonymous, that is, the identity of the author is not revealed to the reviewers and vice versa. The work will be published only on the basis of positive reviews, about which the Editorial Board will inform the author. Reviewers are selected from among experts in the immediate field of research to which the work proposed for publication relates.

The author(s) are fully responsible for the content, credibility and originality of the work. Papers that require major revisions or additions will be returned to the authors for revision before the review.

2. TECHNICAL INSTRUCTIONS

The paper should be submitted by e-mail as an attachment, with the text prepared exclusively using the word processing program Microsoft Word, to the e-mail address znanjemdozdravljapd@gmail.com

The author(s) are obliged to number the lines in the paper (Microsoft Word-Line Number-Continuous).

- 1. A review paper** is an overview of the latest works on a specific subject area with the aim of summarizing, analyzing, evaluating or synthesizing already published information, and brings new syntheses that also necessarily include the results of the author's own research. The review paper should contain: the title of the paper with the authors; the content; key words: analysis-discussion of a specific topic; literature and content in one of the official languages of Bosnia and Herzegovina.
- 2. A scientific paper** should have no more than 8 pages of A4 format, and a review scientific paper no more than 15 pages of A4 format. The text of the paper should be written in English. In addition, the paper should include a summary in one of the official languages of Bosnia and Herzegovina.
- 3. A short communication** is an original scientific paper that contains previously unpublished results of short or completed scientific research, or presents a shorter segment of ongoing research (if that segment can be treated as a complete unit), or describes an original laboratory method.

4. **Professional paper** represents useful contributions from the field of profession, the content of which is not related to scientific research. This means that the material does not have to be new in the scientific framework, but it can refer to the reproduction of well-known research in the world, which represents valuable material in terms of spreading knowledge and adapting scientific research to the needs of the economy and science.
5. **The scientific paper** should contain the following elements:
 - the title of the work,
 - list of authors and institutions,
 - summary and key words,
 - introduction,
 - material and work methods,
 - results and discussion,
 - conclusion,
 - literature,
 - the title, list of authors and abstract should also be in one of the official languages of Bosnia and Herzegovina.
6. **The title of the paper** (Times New Roman, size 12pt, bold) should be written centered and in capital letters on the first page, moved two spaces of size 10pt below the upper margin. After the title, leave one empty line of 10pt size. Authors should be written centered without the title (Times New Roman, italic, 11pt), with the name of the institution (Times New Roman, 11pt).
7. **Subheadings** should be centered, in lowercase letters except for the first letter of the first word (Times New Roman, 12 pt, bold). Other parts of the paper should be written with double-spaced (Times New Roman, 12 pt), single-spaced with one empty line above, between subheadings and between paragraphs, with margins of 2.54 cm (1"). Type the beginning of the paragraph from the beginning of the line.
8. **The abstract** should have up to 300 words, and it should be between the header of the paper (which consists of the title of the paper and information about the authors) and keywords, followed by the text of the paper.
9. **The introduction** should contain a clear description of the problem and the goal of the research, along with a brief presentation of the relevant literature.
10. **Material and methods:** this chapter describes the material and methods used and the way the experiments were set up.
11. **Results and discussion:** the results should be processed with appropriate statistical methods for the performed tests, presented clearly and concisely, in the form of tables, graphs (diagrams and histograms), photographs, drawings, etc., and the same result should not be presented twice (both tables and graphs). The discussion should refer to the presented results, without repeating the previously mentioned facts, with a comparison of the obtained results and relevant data from the literature. The results and discussion can be written as two separate subheadings or as one whole.
12. **The conclusion** provides an overview of the most important facts that were reached during the research.
13. **References:** It is mandatory to list all bibliographic sources that were used for the preparation and writing of the paper. The Vancouver literature indexing standard is recommended. Reference numbers are listed in the list one below the other, necessarily numbered in the order of first appearance in the text. One number belongs to the same work, regardless of how many places it is mentioned in the text.
14. **Title in English, list of authors, the name of institution, address, city, country and Abstract** should be written in one of the official languages of Bosnia and Herzegovina.



3. GENERAL RECOMMENDATIONS

- References in text are marked with Arabic numbers in parentheses according to the order in which they appear in the text. E.g.: "Cardiovascular disease is the leading cause of death in most developed countries [1] as well as a significant cause of disability, loss of work ability, premature mortality and increasing health care costs [2-5]."

If a reference is cited later in the text, it has the same sequence number: "which shows that high mortality from cardiovascular diseases [1]"

The author can also be mentioned in the text in the case when a specific author should be emphasized: "Brown [2] showed that..."

Whenever possible literal citations should be replaced by paraphrasing and placing the reference number in small brackets in the order of its first appearance in the text. Word-for-word translations of texts are also literal quotations.

Figures, diagrams, graphs and tables taken from other works should also, in the order of appearance, indicate the reference of the work from which they were taken.

- In the paper, we refer to the used literature in the Introduction, Methods and Discussion. Literature is not cited in the abstract or in the Results section of the paper (unless the Results and the discussion are one unit).
- When quoting tables and graphs, the name of the table or graph should be written with an initial capital letter indicating its serial number (eg, as shown in Table 4 and Figure 2, the lowest value was ...).

Tables should be done in WORD, and graphs in EXCEL, except for special cases when it is not technically possible. The title, headers (text) and subtext in tables and graphs should be written in Times New Roman font - normal, Font Size 10 pt. Tables are placed in a specific place in the text.

The names of the tables are written above the tables, and the names of graphs and figures are written below the graphs and figures (in small letters).

- Images that do not differ in black and white printing, colors must be replaced by "raster", i.e. different graphic signs that need to be explained in the legend. Only the text necessary for understanding is entered in the images, such as measurement variables with their dimensions, a short explanation on the curves, etc. The rest is stated in the legend below the picture.
- The author(s) should adhere to the International System of Units (SI) and applicable laws on units of measurement. Symbols of physical quantities should be written in italics (Times New Roman, 12 pt. - italics), and measurement units in vertical letters, e.g. *V*, *m*, *p*, *t*, *T*, but m³, kg, Pa, °C, K.



Examples of citations

An example of the basic reference structure for a standard journal article:

Author's last name initials. Title of the article. Name of the journal [abbreviated].
Year of publication; volume number: page numbers.

Journal articles

1. Standard magazine article

List the first six authors and add «et al» (note: NLM - *National Library of Medicine* now lists all authors)

- Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med.* 2002;347:284-7.

It is also possible to add a unique number in the quote database:

- Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med.* 2002;347(4):284-7. Cited in PubMed; PMID 12140307.
DOI: [10.1056/NEJMs020632](https://doi.org/10.1056/NEJMs020632)

More than six authors:

References list up to six authors, and if there are more than six, a comma and et al are written after the sixth. Do not put periods after the initials.

- Rose ME, Huerbin MB, Melick J, Marion DW, Palmer AM, Schiding JK, et al. Regulation of interstitial excitatory amino acid concentrations after cortical contusion injury. *Brain Res.* 2002;935(1-2):40-6.

2. Article that is not in English

NLM translates the title into English, encloses the translation in square brackets and adds an abbreviated language label

- Leutar Z, Štambuk A, Rusac S. Socijalna politika i kvalitet života starijih osoba sa tjelesnim invaliditetom. *Rev soc polit.* 2007; 14 (3-4):327-46. (Croatian)

3. Volume with supplement

- Geraud G, Spierings EL, Keywood C. Tolerability and safety of frovatriptan with short- and long-term use for treatment of migraine and in comparison with sumatriptan. *Headache.* 2002;42 Suppl 2:S93-9.

4. Issue with supplement

- Glauser TA. Integrating clinical trial data into clinical practice. *Neurology.* 2002;58(12 Suppl 7):S6-12.

5. Volume in parts

- Abend SM, Kulish N. The psychoanalytic method from an epistemological viewpoint. *Int J Psychoanal.* 2002;83(Pt 2):491-5.



6. ***Issue in parts***
 - Ahrar K, Madoff DC, Gupta S, Wallace MJ, Price RE, Wright KC. Development of a large animal model for lung tumors. *J Vasc Interv Radiol.* 2002;13(9 Pt 1):923-8.
7. ***Pagination with Roman numerals***
 - Chadwick R, Schuklenk U. The politics of ethical consensus finding. *Bioethics.* 2002;16(2):iii- v.
8. ***Article published electronically before the printed version***
 - Yu WM, Hawley TS, Hawley RG, Qu CK. Immortalization of yolk sac-derived precursor cells. *Blood.*;100(10):3828-31. Epub 2002 Jul 5.

Books and other monographs

1. ***Author is a person(s)***
 - Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. *Medical microbiology.* 4th ed. St. Louis: Mosby; 2002.
2. ***Chapter in a book***
 - Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, editors. *The genetic basis of human cancer.* New York: McGraw- Hill; 2002. p. 93-113.
3. ***Articles from conferences***
 - Christensen S, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Foster JA, Lutton E, Miller J, Ryan C, Tettamanzi AG, editors. *Genetic programming. EuroGP 2002: Proceedings of the 5th European Conference on Genetic Programming;* 2002 Apr 3-5; Kinsdale, Ireland. Berlin: Springer; 2002. p. 182-91.



Other published material

1. *Legal acts*

Regulations:

- Veterans Hearing Loss Compensation Act of 2002, Pub. L. No. 107-9, 115 Stat. 11 (May 24,2001).

Electronic material

1. *Articles in magazines on the internet*

- Abood S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. Am J Nurs [serial on the Internet]. 2002 Jun [cited 2002 Aug 12];102(6):[about 3 p.]. Available from:

<http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>

2. *Monograph on the internet*

- Foley KM, Gelband H, editors. Improving palliative care for cancer [monograph on the Internet]. Washington: National Academy Press; 2001 [cited 2002 Jul 9].

Available from: <http://www.nap.edu/books/0309074029/html/>.

3. *Web location*

- Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9].

Available from: <http://www.cancer-pain.org/>.



4. PREPARATION AND CREATION OF POSTER

Based on the submitted summary, you should adhere to the following rules:

- poster size B1 (70x100cm),
- title of the paper – Arial, 72 pt, centered, all capital letters,
- information about the author/authors and institution/institutions - Arial, 28 pt, centered,
- the text should be readable from a distance of 1-2 m,
- the text should not be smaller than 20 pt,
- text in diagrams and images should also be at least 20 pt,
- avoid shading, underlining and mixing different types of letters (it is enough to use larger or bold letters),
- authors are recommended that the poster contains the following sections: Summary, Introduction, Methods, Results, Conclusion (authors can add other sections they consider necessary, eg Literature, etc.).



5. Power Point Presentation

The oral presentation of the work must not last longer than **10 minutes**.



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We look forward to your participation in the Scientific Conference „Knowledge to Health- SANUS 2026“.



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