

ALTRUIZAM U SESTRINSTVU

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Sažetak. Altruističko ponašanje u sestrinstvu je neophodno i može se potaknuti izazivanjem empatije. Cilj ovog rada bio je mapirati trendove naučne literature po pitanju ispitivanja altruizma u sestrinstvu. Korišćena je bibliometrijska analiza kako bi se utvrdio postavljeni cilj. Za analizu literature izabrana je baza podataka Dimensions. Nakon mnogo pokušaja traženja različitih kombinacija riječi konačna strategija pretrage je prema Boolean-ovom algoritmu uključivala sljedeće: “altruism” AND „nursing“. Sirovi podaci su ekstrahovani iz Dimensions baze u csv formatu. CSV fajl je obrađen u Vos Viewer programu. Jedinica analize se sastojala od 7 publikacija, a rezultati su prikazani tabelarno. Istraživanjem su obuhvaćene sve citatne baze, a od vrsta publikacija samo naučni originalni članci. Rezultati su pokazali da je ova tema u nauci imala eksponencijalni pad posljednje dvije godine. Identifikovani su najproduktivniji autori, časopisi i zemlje. Prema broju citata najrelevantniji časopis je Psihologija i Nurse Education in Practice. Pregled studija se koristio za mapiranje objavljene literature, a rezultati su se sintetizovali i identifikovale praznine. Osnovni zadatak altruizma je pomoć drugima bez nagrade, ali kroz izdvojene studije je identifikovan pad volje za požrtvovanost, visoka stopa sagorijevanja i umor od saosjećanja, što je zabrinjavajuće. Poznavanje glavnih pravaca istraživanja generisanih u ovoj oblasti omogućava istraživačima da sami prate trendove. Altruizam podstiče medicinske sestre da žrtvuju svoje vrijeme i obavljaju izazovne zadatke, a sve u korist pacijenata. Istraživači mogu koristiti ovu analizu u cilju identifikacije koncipiranja adekvatne metodologije po pitanju zastupljenosti altruizma u sestrinstvu što je nedovoljno istraženo.

Ključne riječi: Altruizam, sestrinstvo, medicinske sestre, empatija

ALTRUISM IN NURSING

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Abstract. Altruistic behavior in nursing is necessary and can be encouraged by eliciting empathy. The aim of this work was to map the trends of the scientific literature on the question of altruism in nursing. A bibliometric analysis was used to determine the set goal. The Dimensions database was chosen for literature analysis. After many attempts to search for different combinations of words, the final search strategy according to the Boolean algorithm included the following: "altruism" AND "nursing". Raw data was extracted from the Dimensions database in csv format. The CSV file was processed in the Vos Viewer program. The unit of analysis consisted of 7 publications, and the results are tabulated. The research included all citation databases, and from the types of publications, only scientific original articles. The results showed that this topic in science has experienced an exponential decline in the last two years. Also, the most productive authors, journals and countries were identified. According to the number of citations, the most relevant journal is Psychology and Nurse Education in Practice. A review of studies was used to map the published literature, and the results were synthesized and gaps were identified. The basic task of altruism is to help others without reward, but through isolated studies, a decline in willingness to sacrifice, a high burnout rate and compassion fatigue have been identified, which is worrying. Knowing the main lines of research generated in this field allows researchers to follow the trends themselves. Altruism encourages nurses to sacrifice their time and perform challenging tasks, all for the benefit of patients. Researchers can use this analysis in order to identify and design an adequate methodology regarding the representation of altruism in nursing, which is insufficiently researched.

Key words: Altruism, nursing, nurses, empathy