

**KVALITET ŽIVOTA DECE I ADOLESCENATA SA
CEREBRALNOM PARALIZOM – PREGLEDNI RAD**

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Sažetak. Cerebralna paraliza (CP) kao heterogeno stanje sa različitim kliničkim prezentacijama praćena je brojnim telesnim oštećenjima i poremećajima koji ometaju funkcionisanje ovih osoba u socijalnoj sredini. Okolina, stavovi i barijere predstavljaju dodatne faktore koji ograničavaju funkcionisanje osoba s cerebralnom paralizom i dovode ih do nivoa povremene ili stalne socijalne inkompetencije. Cilj rada je da se pregledom dostupne literature prikažu novija istraživanja o deci sa cerebralnom paralizom, a sa posebnim osvrtom na kvalitet života. Pretragom Pub Med i Google Akademic baze podataka analizirani su radovi u kojima je ispitivan kvalitet života dece i adolescenata sa CP u Evropi, Severnoj Americi, Bosni i Hercegovini i u Republici Srbiji. Za potrebe ovog istraživanja aspekti kvaliteta života koji su procenjivani kod dece i adolescenata sa CP su u području dnevnih aktivnosti, pokretljivosti, zdravlja, uhranjenosti, bola, dužine boravka u bolnici, te isključenosti iz socijalnih grupa.

Ključne reči: kvalitet života, deca i omladina sa cerebralnom paralizom

QUALITY OF LIFE OF CHILDREN AND ADOLESCENTS WITH CEREBRAL PALSY - A REVIEW

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Abstract. Cerebral palsy (CP) as a heterogeneous condition with different clinical presentations is accompanied by numerous physical impairments and disorders that interfere with the functioning of these individuals in the social environment. The environment, attitudes and barriers represent additional factors that limit the functioning of individuals with cerebral palsy and lead them to the level of temporary or permanent social incapacity. The aim of the paper is to review the available literature and present recent research on children with cerebral palsy, with a special focus on quality of life. By searching the Pub Med and Google Scholar databases, papers that examined the quality of life of children and adolescents with CP in Europe, North America, Bosnia and Herzegovina and the Republic of Serbia were analyzed. For the purposes of this research, the aspects of quality of life that were evaluated in children and adolescents with CP were in the areas of daily activities, mobility, health, nutrition, pain, length of hospital stay, and exclusion from social groups.

Key words: quality of life, children and youth with cerebral palsy